



# Term One Clubs and Sports Programme Sign-Up Sheet Kindergarten to Grade Six

Child's Name ..... Grade .....

School clubs will start the week of Monday, September 20, 2010. Clubs will finish Thursday, November 11, 2010.

\*Ballet and Exploring Painting will end on November 15, 2010 as there is no club on October 11, 2010.

\*Riding Club will end on November 18, 2010 as there is no club on November 11, 2010.

Some of the clubs will be limited to a certain number due to space and/or equipment. To avoid disappointment please make sure you return **this form AND payment for those clubs that require it to the office by Wednesday, September 15, 2010.** We will email out a final club list by Friday, September 17, 2010 as confirmation.

Club	Day	Time	Grade	Please tick	Cost/Duration
Ballet	Monday	3:15 to 4:15	Preschool to Grade 2 <b>Music Room, Max 15</b>		\$60 for 8 week programme *No Club Oct. 11, 2010; Make-up on Nov. 15, 2010
Exploring Painting	Monday	3:15-4:15	Grades K to 3 <b>Art Room, Max 15</b>		\$60 for 8 week programme *No Club Oct. 11, 2010; Make-up on Nov. 15, 2010
Card Games	Monday	3:15 to 4:15	Grades 3 to 6 <b>Grade 4 room</b>		No charge/ 7 week programme *No Club Oct. 11, 2010
Spanish Club	Tuesday	3:15 to 4:15	Grades 1 to 3 <b>French Room, Max 18</b>		No charge 8 week programme
Animation Club	Tuesday	3:15 to 4:15	Grades 4 to 6 <b>Grade 3 room, Max 12</b>		No charge 8 week programme
Enriched Exploration of Painting	Tuesday	3:15 to 4:15	Grades 4 to 6 <b>Art Room, Max 20</b>		\$60 for 8 week programme
Primary Games and Running	Wednesday	3:15 to 4:15	Grades K to 3 <b>Meet on the wood chips</b>		No charge 8 week programme
Cross Country Running	Wednesday	3:15 to 4:15	Grades 4 to 6 <b>Meet on wood chips</b>		No charge 8 week programme
Craft Club	Thursday	3:15 to 4:15	Grades K to 3 <b>Grade 1 room, Max 18</b>		\$35 for 7 week programme
Riding Club	Thursday	4:00 to 5:30	Age 6+ <b>Cattail Creek Farm</b>		\$440 + HST for 8 week programme *No Club Nov. 11, 2010; Make-up on Nov. 18, 2010

**Please return completed form and payment by Wednesday, September 17, 2010.**

**\*Clubs may be cancelled if they do not reach the minimum subscription\***

**Below is a brief description of the clubs being offered this Term.**

### **Ballet**

Ana-Maria is back and will be providing an introductory ballet course for Pre-school to Grade Two. Students will learn a number of basic steps to music.

### **Card Games**

Come and join our card club with Ms. Dunn and learn several new card games. We will learn how to play crib, cheat and a variety of other games.

### **Exploring Painting and Enriched Exploration of Painting**

Megan Bernard graduated from the Kootenay School of the Arts in 2002 and from UBC-O in 2010 with a Bachelor of Fine Art. Her specialties are painting and pottery. She is currently working towards her Bachelor of Education.

The focus of the clubs will be to introduce painting to kids at an appropriate level. We will do some canvas painting and focus on ideas such as horizon lines, foreground-background, warm-cool colours, emotional representation of colour, and contrast.

### **Spanish**

Ms. McElroy will be leading the students through an exploration of Spanish vocabulary, culture, and traditions.

### **Animation**

Have you ever wanted to make your own movie? Mrs. Powell will be running an animation club! Students will have the opportunity to learn how to make stop motion animations and see how they evolve!

### **Primary Games Cross Country**

Mr. Hannan will be running the primary games and cross country programme this term. He is focusing on getting fit and having fun!

### **Cross Country**

Dr. Hofmann will be running the cross country programme this term. Their aim is to get fit and have fun!

### **Craft Club**

Mrs. Pighin and Ms. McClean are running the Craft Club this term. The thematic focus will be Craft You Can Wear!

### **Riding Club**

Cattail Creek Farms is pleased to be offering riding lessons to the students of Aberdeen Hall this fall. Lessons will consist of a mounted lesson as well as a stable management portion. Students can choose to work toward testing for their pony club levels or towards their Equine Canada levels.

\*\* If students wish to test toward either their Equine Canada or pony club level there will be additional costs associated with joining those organizations.\*\*

**See below for more information**

### What does Pony Club Offer?:

Pony Club is a world-wide volunteer run organization that began in Great Britain in the late 1920s. It was formed so that youth riders could learn horsemanship, compete and have fun. Pony Club is an international youth organization devoted to the educating youths about horses and riding. Pony Club organizations exist in over 30 countries worldwide. Members may choose to participate in disciplines such as:

- Dressage
- Cross-country
- Jumping
- Stadium jumping
- Drill teams
- Mounted games
- Quiz competitions are non-riding theory contests. Not all clubs will participate in all disciplines although they may not restrict their activities to only one. There also regular education meetings.

### Who Can Join?:

Anyone between the ages of 7 and 21 is eligible to join Pony Club. Members do not have to own a horse or pony, and may be experienced or beginner riders.

### Why Join Pony Club?:

Members may progress through 10 levels of horse keeping and riding education. The highest levels are recognized throughout the horse industry and those who attain them are respected for their knowledge and skill. While it's not necessary to compete, Pony Club provides a chance to learn and progress in many English disciplines. Ask a Pony Clubber why they joined and the answer will be 'to have fun'.

### Equine Canada Learn to Ride program

The EC Learn to Ride program was developed for individuals who wish to learn safe horsemanship and practices. The purpose of this program is to produce safe and knowledgeable horseman and to assist in the development of future instructors and coaches.

The Rider Level 1-10 program is a national program with national standards that rewards all riders, recreational to competitive, for advancing their learning with Certificates of Achievement and badges. This program provides riders and coaches with an attainable progression throughout the rider level framework. In addition, encourages all riders to ride, learn and enjoy the sport of riding while providing guidelines to coaches and instructor.