



Term 2 K-6 Clubs and Sports Programme Sign-Up Sheet

Child's Name Grade

School clubs will start the week beginning Monday, January 17, 2011. Clubs will finish Thursday, March 10, 2011. Some of the clubs will be limited to a certain number due to space and/or equipment. To avoid disappointment please make sure you return **this form and payment for those clubs that require it to the office by Friday, December 17, 2010.** We will email out a final club list by Friday, January 14, 2011 as confirmation.

Club	Day	Time	Grade/gender	Please tick	Cost/Duration
Introductory Ballet	Monday	3:15 to 4:15	Preschool to Kindergarten		\$55/7 week programme
Exploring Sculpture	Monday	3:15 to 4:15	Grades 3-6		\$30 /7 weeks programme
Craft Club	Tuesday	3:15 to 4:15	Grades K-2		\$35 /8 week programme
Card Making	Tuesday	3:15-4:15	Grades 3-6		\$35/8 week programme
Snowshoeing and Skiing	Wednesday	3:15 to 4:15	Grades K-3		Bring your own snowshoes OR cross-country skis AND headlamp 8 week programme
Basketball	Wednesday	3.15 to 4.15	Grades 3-5		No charge/ 8 week programme
Environmental Mind Grind Team	Wednesday	Junior Lunch	Grades 4-5		No charge /8 weeks programme
Spanish	Thursday	3.15 to 4.15	Grades K-3		\$35/8 week programme
Intermediate Ballet	Thursday	3:15-4:15	Grades 1-4		\$35/8 week programme
Riding	Thursday	3.15 to 4.15	Ages 7+		\$440 + HST for 8 week programme <i>*payment to be made directly to Cattail Creek Farm</i>

**Tennis Club will be run separately. Please keep your eyes open for an upcoming notice*

Please return completed form and payment by Friday, December 17, 2010

***Clubs may be cancelled if they do not reach the minimum subscription**

Below is a brief description of the clubs being offered this term.

Ballet Introduction

Ana-Maria is back and will be providing an introductory ballet course for Pre-school to Kindergarten students. Students will learn a number of basic steps to music.

Intermediate Ballet

Ana-Maria will be providing an intermediate ballet course for Grades 1-4. This will be a more advanced level of ballet steps to music.

Exploring Sculpture

The Art club instructor Hannah Griffin graduated from the University of British Columbia Okanagan in 2010 with a Bachelor of Fine Arts with a major in Painting and a minor in History.

In the sculpture club this term we will explore 3-dimensional art work by utilizing and exploring fun new mediums and materials. The children will be introduced to the basic concepts of sculpture and will learn hands on the basic types present in contemporary and historical artwork.

Craft Club

Let's get crafty! Come explore your creative side with Hannah Griffin! Craft Club is a great opportunity to introduce your child to artwork or to fuel an already interested child into continuing their passion. We will work with a variety of materials to create fun artistic projects that your children will be excited to share with you.

Card Making

Miss Dunn will be leading card making club where students will learn a variety of techniques and use different materials to create various cards for special occasions.

Cross-Country Skiing and Snowshoeing

Students with their own Cross Country skis OR snowshoes are welcome to join this club. You also need a headlamp. We will be learning and practising basic techniques. If there is a lack of snow, we will provide a variety of outdoor activities and dry-land training. Please ensure that your child is dressed appropriately for winter conditions.

Basketball

Mrs. Scherz and Miss McClean will be running the co-ed basketball club. Come do some drills, play some games and have fun!

Environmental Mind Grind Team

Do you like Jeopardy-style competition? Do you care about our local and global environment? Then join the Aberdeen Environmental Mind Grind Team! Come out on Wednesday at lunch (bring your lunch with you) to Ms. McElroy's room to learn all about the environment. Team enthusiasm will be high when we compete against other local schools in April at Orchard Park Mall for pride and prizes and a chance to compete at Provincials!

Spanish

This will be continuation in learning the vocabulary and basic speech patterns of the Spanish language with Patricia Limon.

Riding

Cattail Creek Farms is pleased to be offering riding lessons to the students of Aberdeen Hall this fall. Lessons will consist of a mounted lesson as well as a stable management portion. Students can choose to work toward testing for their pony club levels or towards their Equine Canada levels.

** If students wish to test toward either their Equine Canada or pony club level there will be additional costs associated with joining those organizations.**

See below for more information

What does Pony Club Offer?:

Pony Club is a world-wide volunteer run organization that began in Great Britain in the late 1920s. It was formed so that youth riders could learn horsemanship, compete and have fun. Pony Club is an international youth organization devoted to the educating youths about horses and riding. Pony Club organizations exist in over 30 countries worldwide. Members may choose to participate in disciplines such as:

- Dressage
- Cross-country
- Jumping
- Stadium jumping
- Drill teams
- Mounted games
- Quiz competitions are non-riding theory contests. Not all clubs will participate in all disciplines although they may not restrict their activities to only one. There also regular education meetings.

Who Can Join?:

Anyone between the ages of 7 and 21 is eligible to join Pony Club. Members do not have to own a horse or pony, and may be experienced or beginner riders.

Why Join Pony Club?:

Members may progress through 10 levels of horse keeping and riding education. The highest levels are recognized throughout the horse industry and those who attain them are respected for their knowledge and skill. While it's not necessary to compete, Pony Club provides a chance to learn and progress in many English disciplines. Ask a Pony Clubber why they joined and the answer will be 'to have fun'.

Equine Canada Learn to Ride program

The EC Learn to Ride program was developed for individuals who wish to learn safe horsemanship and practices. The purpose of this program is to produce safe and knowledgeable horseman and to assist in the development of future instructors and coaches.

The Rider Level 1-10 program is a national program with national standards that rewards all riders, recreational to competitive, for advancing their learning with Certificates of Achievement and badges. This program provides riders and coaches with an attainable progression throughout the rider level framework. In addition, encourages all riders to ride, learn and enjoy the sport of riding while providing guidelines to coaches and instructor.