



Spring Clubs and Sports Programme

Sign-Up Sheet

Child's Name Grade

School clubs will start the week beginning Monday, April 12, 2010. Clubs will finish Thursday, June 3, 2010, except Ballet, Martial Arts and Environmental Club which will finish June 7, 2010 (due to 1 missed Monday). Some of the clubs will be limited to a certain number due to space and/or equipment. To avoid disappointment please make sure you return **this form and payment for those clubs that require it to the office by Monday, March 22, 2010.** We will email out a final club list by Friday, April 9, 2010.

| Club | Day | Time | Grade/gender | Please tick | Cost/Duration |
|-----------------------|-----------|--------------|--|-------------|--|
| Ballet | Monday | 3:15 to 4:15 | Preschool to Grade 2 (max 15) | | \$60/8 week programme *No class May 24 *Make-up class June 7 |
| Martial Arts | Monday | 3:15 to 4:15 | Grades 3-6 | | \$60/8 week programme *No class May 24 *Make-up class June 7 |
| Environmental Club | Monday | 3:15 to 4:15 | Grades 7-9 | | No charge /8 week programme *No class May 24 *Make-up class June 7 |
| Craft Club | Tuesday | 3:15 to 4:15 | Grades K-3 (max 18) | | \$35/8 week programme |
| Drama | Tuesday | 3:15 to 4:15 | Grades 4-6 (max 18) | | \$35 /8 weeks programme |
| End of Year Film Club | Tuesday | 3:15 to 4:15 | Grades 7-9 (max 5) | | No charge / 8 week programme |
| Primary Games | Wednesday | 3.15 to 4.15 | Grades K-3 (max 18) | | No charge/ 8 week programme |
| Zumba | Wednesday | 3:15 to 4:15 | Grades 4-9 (minimum 14 to cover costs) | | \$60 / 8 week programme *Must have 14 students to cover costs |
| Spanish | Thursday | 3:15 to 4:15 | Grades K-3 (max 18) | | \$35/8 week programme |
| Cross Country Running | Thursday | 3.15 to 4.15 | Grades 4-9 | | No Charge /8 week programme |

Please return completed form by Monday, March 22, 2010

*Clubs may be cancelled if they do not reach the minimum or maximum subscription

Below is a brief description of the clubs being offered this term.

Ballet

Ana-Maria will be providing an introductory ballet course for Pre-school to Grade Two. Students will learn a number of basic steps to music.

Primary Games

Mrs. Pighin will be leading the students through a variety of fun and cooperative games to promote physical fitness and team-work!

Martial Arts

The Martial Arts Club will be instructed jointly by Mr. Mark Reinelt and Mrs. Dana Dang. Students will be exposed to a variety of styles including; traditional karate, kickboxing, weapons and jiu jitsu. Students will be required to wear athletic clothing. Any required equipment will be supplied.

Mark has over ten years experience and is an instructor ranked by the International Modern Arnis Federation. He is trained in Aikido, Judo, traditional Karate, Brazilian Jiu Jitsu and American Kickboxing, but most of his experience is in the Filipino martial art known as Modern Arnis.

Cross Country

Dr. Hofmann and Ms. Basiuk will be running the cross country programme this term. Their aim is to get fit and have fun!

Craft Club

Mrs. Raye and Ms. Bryden will be running the craft club this term. The theme is Craft and Cuisine From Around the World.

Spanish

This will be continuation in learning the vocabulary and basic speech patterns of the Spanish language with Patricia Limon.

Environmental Club

Aberdeen students will take a close look at the five R's of the environment (reduce, reuse, recycle, refuse and renew). They will investigate wasteful practices of our school and local community and choose meaningful projects in which the students will have the opportunity to actively make a difference. Projects will include increasing the efficiency of our school recycling program, the creative planning and construction of a large "Aberdeen Hall Organic Garden" as well as other student-centered projects.

Drama

Students will be exploring theatre and improvisation games with Rhian Jack. She has been involved with community theatre for twenty years and is currently pursuing an Interdisciplinary Performance Degree at UBC-Okanagan.

End of Year Film Club

Mr Oz is looking for creative, innovative filmmakers to help create a school video. We'll be storyboarding, filming and editing an Aberdeen Hall video for the end of the year Recognition Ceremony. If you have the movie making bug, come join us Tuesday afternoons. There are spaces for up to 5 Grade 7-9 students in this club.

Zumba

Have you tried Zumba? It is a program where fitness and fun meet! Zumba is a Latin-inspired dance fitness class where you learn the basics of cha- cha, salsa, samba, reggae and many other fun styles of dance. The steps are basic and the music is motivating. You will leave wanting more!

***Must have 14 students to cover costs**